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Aftercare for Dental Implants

Bleeding

Some bleeding or redness in the saliva is normal for 24 hours. If bleeding continues please call for further instructions.

Swelling

Swelling is a normal occurrence after surgery.

Diet

Drink plenty of fluids. Avoid hot liquids or food. Soft food and liquids should be eaten on the day of surgery. Return to a normal diet as soon as possible unless otherwise directed.

Pain

You should begin taking pain medication as soon as you feel the local anesthetic wearing off. For severe pain, the prescribed medication should be taken as directed, **as needed**.

Antibiotics

Take prescribed antibiotics as directed to help prevent infection.

Oral Hygiene

Good oral hygiene is essential to good healing. Warm salt water rinses (teaspoon of salt in a cup of warm water) should be used at least 4-5 times a day, especially after meals. Brushing your teeth with mouthwash in place of toothpaste for 48 hours following your surgery. Be gentle initially with brushing the surgical areas. Avoid touching the area on the day of surgery.

Activity

LIMIT PHYSICAL ACTIVITY during the first 24-48 hours after surgery. Over exertion may lead to postoperative bleeding and discomfort.